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Lectures and Meditations

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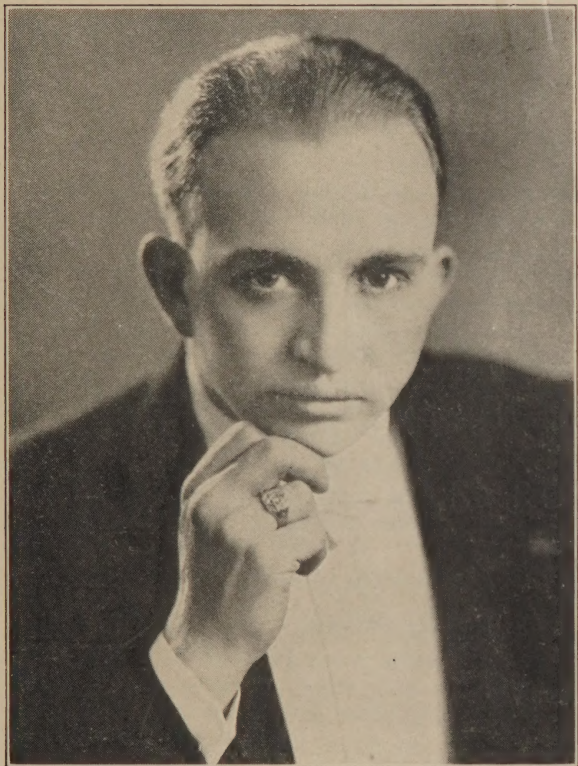
Threads of Wisdom



BY

PROFESSOR WM. ESTEP

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Founder of

SUPER-MIND SCIENCE

- and -

Master Teachings of Inner Mysteries

LECTURER - TEACHER - AUTHOR

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P R E F A C E

*T*HIS little book is sent forth, with the thought that it may be found to be sound doctrine on the laws of life, by all who read it. The author desires that this little book will serve as a text book of Philosophy to his students; to whom he lovingly dedicates its profound truth.

PROF. WM. ESTEP

Reincarnation

PART I

There exists and has existed for eternity two active principles in co-relation, co-ordination and induction which have given rise to all the manifold and varied activities of the Universe, which include all mental as well as spiritual phenomena.

These principles are the principles that are known as Pakrika and Purusha. Pakrika being the pre-material substance from which all material bodies have been composed and which constitutes and has given activity and motion to all material bodies. Purusha is the original mind, which constitutes the spiritual and mental elements manifested in all things and which is also the essence of life.

Purusha is the innermost spiritual self of man that continually struggles for the higher expressions and a more accomplished existence. Pakrika is the material substance which interferes in many ways with the development of Purusha, the spiritual substance, and which must be completely overpowered through the use of the will by Purusha in order to find the material and spiritual success, or when the Pakrika of material substance in one is highly developed and the Purusha or spiritual substance is not developed, it is thought by some of the Great Masters of India that it is necessary for one in which this is

the case to return to another existence in a material body, and there accomplish the ideals of Purusha.

The great Spiritual force that lies dormant within each human being, is held by some of the great philosophers of India, as the struggle between these two substances, since the beginning of time, has caused the development of man and the bringing into physical accomplishment of the being we know and understand as Man, and that it will be through the struggle of these two substances and the re-incarnating of the spiritual into the physical that man will progress to his highest state of both physical and spiritual perfection.

The operation of this Law would completely do away with any understanding of personality from one period of evolution in the Pakrika or flesh until the next evolution in the Pakrika or flesh, substance, but if Purusha comes into its ultimate success while one lives in one earth existence, it would then not be necessary for a re-incarnating of that Purusha as it would have accomplished its destiny.

One can, through the development of the will, overcome all necessity for the re-incarnation of the Purusha and the individuality of one's being into the substance of Pakrika, but it requires the development of spirituality as the coming into an understanding of the Divine Deity of the Universe and the perfection of the Purusha instincts which are in the individual. It is to accomplish this that the Hindoo Adepts of India go through the Schamadi, or death trance.

In order to overcome the flesh, bringing the senses and the beat of the heart under the control of the will, one must reach a-tone-ment with the Divine Deity, which is within them. This operation of the will completely frees the Purusha from the Pakrika substance, within the individual, giving them freedom in the spiritual part of the Universe, making it unnecessary that he ever returns to earth plane activities, or another expression in the material existence.

Purusha is the life-giving, world-creating accomplishment producing elements of the Universe. It is the cause of all things mental and spiritual and belongs to the category of the soul or spiritual maker and through its development one can come into a state of bliss and perfect harmonious conditions without a Divine Teacher. It is only through the development of this principle that anyone ever attained complete satisfaction in their earthly existence, because they overcome all desire of the flesh or Pakrika substance, bringing themselves in harmony with a higher law of expression and understanding.

The great Philosophers of India, such as Pantanjali and Capila, held in their writings that all great people are those in whom the Purusha has defeated and overcome the Pakrika and flesh substance and they are provided by nature to lead humanity into God's way of spiritual success and to solve the mysteries of the Universe. Only Purusha or the spiritual substance, developed in one, can understand all the many expressions of Life and the struggles that the

spiritual man has with the flesh man. It was their teachings that one having developed only the sense of the earthly body, that it would be necessary for them to return into the re-incarnated state, but that they could go onto the eighth principle of Life which is the perfection of identity and then absorb into the great Universal intelligence that guides and directs all of the Universe and they would find perfect bliss and harmony with all that is good.

If it was not for the struggle between the higher force and the lower force, there would cease to be material life existing on the earth. The higher force of Purusha is given power to lead and direct the lower force of substance or Pakrika, and therefore, is the natural leader to bring mankind back into the Kingdom of the Father.

The evolution of one's being constitutes the overcoming of the Pakrika or flesh substance in them, and the gaining of universal wisdom should be the object of their earnest endeavors and the refining of the Pakrika substance should be the great end of their existence, not a re-incarnation.

PART II

Destiny

Destiny is the necessity which compels all things that happen, and the chain which binds together all events. It is thus the cause of things, the Supreme Deity, or rather the second God created by God, that is the law of all things in heaven and earth established upon divine ordinances. Destiny and Necessity are bound together indissolubly; Destiny produces the beginning of all things. Necessity enforces the effect which ensues from these beginnings. And hence arises Order, that is, the sequence and disposition of things accomplished by Time; for nothing is performed without Order. And thus the world is perfected; for the world is founded on Order, and in Order the universe consists. Therefore, these three, Destiny (which is Fate), Necessity and Order, depend absolutely on the Will of God Who governs the world by His divine law and reason.

These three principles have no will in themselves; inflexible and inaccessible to favor as to anger, they are but the instruments of the eternal Reason, which is immutable, invariable, unalterable, indissoluble. First comes Destiny containing like newly sown soil, the germs of future events; Necessity follows, urging them to

their consummation. Lastly, Order maintains the fabric of things established by Destiny and Necessity. For all this is an everlasting sequence without beginning, without end, sustained by its immutable law in the continuity of Eternity. It rises and falls alternately, and as time rolls onward, that which had disappeared, again rises uppermost. For such is the condition of the circular movement; all things are interchanged in such ways that neither beginning nor end can be distinguished and they appear to proceed and follow each other unceasingly. But as for accident and chance, they pervade all mundane affairs.

The lower germs of life are on the physical plane, and are ruled by the central sun; they are the cause of growth and decay. God the perfect, indissoluble being, controls the great central sun and therefore holds in his perfect Power the reins of physical life and also directs the power of thought by the same ruling powers.

He is the illumination of night, the sun of day, the Emporer of mundane life and by his choirs of germs and Genii is the source of all production, birth and death, the Supreme Director of Destiny and the fixed star in the universe, which manifests the control of the order of all things temporal and eternal.

PART III

The Temple Within

Man of this age is continually weaving at the drapery which is first to clothe him in his heavenly home, though he knows it not. This robe of his may be of the very finest substance (for there are no materials in the invisible), or it may be of the very coarsest substance; for it is patterned from the thoughts that he placed behind the walls of his temple within.

O Pilgrim of the Heavenly way, know ye not that there is no enlightenment from without; the secret of all that is spiritual and true must come from the God who speaketh from the temple within you. Therefore, praise not any man on earth plane for all are the same, but O Pilgrim, worship that God within you, within me, and within all of us; for he can find an answer for all of your problems, and when from Him we seek the knowledge of all great things, we develop that etherial light around us and learn to obtain mastery over the objective senses . . . then will come the great awakening and you will no longer totter in your steps nor falter in your flight across the threshold of the great unknown.

"Your bodies are the temples of the living God" are the sacred words of the master, Jesus; but be not too quick to judge the meaning of these words.

This does not mean that your earthly body is the great prize of God and that you, in all your material pleasures, should give all time and attention to it; but it does mean that your body is a protection of the temple within and serves as a connecting link between the material and the invisible, for no thoughts of the God could penetrate the material world if there was not a material object possessed of spirituality that could obtain it.

Convenience is the voice of the Soul; while passion is the voice of the body. There is a principle of the Soul superior to all external nature; and through this principle, we are capable of surpassing the order and systems of the world and participating in the immortal life and the energy of the sublime heights. When the Soul is elevated to natures above itself, it deserts the order to which it is a while compelled to belong, and by a religious magnetism is attracted to another and loftier with which it blends and mingles.

There must be something to which a man's charity, love, hope and faith can cling and anchor to the bones. That "something" is his idea and doctrine. A man without any idea or doctrine is a man without a purpose, conduct, or design, drifting with the ebb and flow of the tide, a lifeless nonentity, an empty vessel.

To become illuminated within the temple and enlightened by truth, forget self, and instead, desire earnestly for Divine Wisdom and Light; for the Spirit of Life doth abide in every human soul, and man's aspirations and loves are the windows thereof. Thy time of Temple building is now.

Truth and Light are messengers that are always faithful to their duties. And remember, O Pilgrim of Light, if thou wilt look up, God will look down.

PART IV

The Unchangeable

There is nothing immutable, nothing stable, nothing unchanging in nature, either in the heavens or the earth. God alone and rightly alone, is wholly full and perfect in Himself, of Himself, and around Himself. He is His own firm stability, and cannot be moved by any impression, since all things are in Him and He alone is all. Unless, indeed, we should dare to say, that His movement is in Eternity, but this Eternity itself is motionless, since all the motion of time revolves in Eternity and takes its form therein. God, then, has ever been and is forever immutable, with Him likewise is immutable Eternity, bearing within it, as the image of God, the uncreated universe not yet manifest.

Hence, the created universe constitutes the imitation of this eternal universe. Time, despite its perpetual movement, possesses, by means of its necessary revolutions on itself, the force and nature of stability. Thus, although eternity is fixed and immutable, nevertheless, since the motion of time unfolds itself in eternity, and this mobility is the very condition of time, it appears that eternity, immutable in itself, yet revolves by means of the time which is within it, and which contains all motion. Thence it results that the stability of

eternity appears mobile, and the mobility of time, stable, by the fixed law of this source. And thus it is in the immensity of equilibrium of unchangeable movement, the law of His immensity is unchangeable. That, therefore, which is not subject to sense—the Infinite, the Incomprehensible, the Immeasurable cannot be sustained, or carried nor sought out, neither can we know whence it comes, whither it goes, where it is, how it is, nor what it is. It is contained in its own supreme stability and its stability in it, whether God be in eternity, or eternity in God, or both one and the other in the two. Eternity is undefinable by time, and time, which may be defined by number, by alternative, or by periodical revolutions, is eternal. Thus both appear equally Infinite and eternal. Stability being the fixed point which serves as a basis of Movement, must, because of this stability, hold the principal place. God and Eternity are, therefore, the principle of all things, but the world, which is mutable, cannot be considered the principle. The mutability of the world takes precedence of its stability, by means of the law of eternal movement in equilibrium. The whole consciousness of Divinity is then immutable, and moves only in equilibrium; it is Holy, incorruptable, eternal; or to define it better, it is eternity, consisting in the very truth of the Supreme God, the plentitude of all feeling and knowledge, or indeed, so to speak, in God Himself. The consciousness of the natural universe includes all sensible things and species; the consciousness of humanity involves memory, by which man remembers his acts performed. Now,

the consciousness of Divinity descends even to the human creature. God has not seen fit to extend to all beings this supreme and divine consciousness, lest, were it common to all animals, the glory of it should be diminished.

The intelligence of the human mind—whatever may be its quality and quantity—lies wholly in the memory, and it is by means of this tenacity of memory that man has become the lord of the earth.

PART V

The Power of Attraction

The entire Universe is co-related through the great LAW OF ATTRACTION. It is that irresistible force that draws all things together. It is that POWER that creates and causes one person to be attracted to another.

No one can hope to be a great success until he has learned to attract what he desires. Everyone is surrounded by MAGNETIC INFLUENCE and, through it and the operation of the SUB-CONSCIOUS MIND, individuals are continually attracting some object or some condition.

When mind operates correctly, we only attract what we should have to make us happy and successful, but if the mind is undeveloped and uncultivated, it cannot attract what is rightfully ours. The mind must be trained by SYSTEMATIC CONCENTRATION, as taught in SUPER MIND SCIENCE, which holds the mind to the one point concentrated upon and teaches the student firmness of mind, thereby doing away with WASTED MENTAL ENERGY.

The mind, to be attractive, must be very INSPIRATIONAL and ALERT. It must always be ready to overcome an obstacle, or to act quickly in an emergency. SLOW CONTEMPLATION MEANS FAILURE TO ANYONE.

We must, by the awakening of cells in the forehead, develop QUICK CONTEMPLATION and a POSITIVE EXECUTIVE MIND POWER. Then the mind will only attract to us the things we desire and will repulse all harmful conditions that arise in life, caused by bad KARMA action.

We should teach our SUBCONSCIOUS MIND to only create that which is good and to attract to us success and health. Thus the reactive power of the SUBCONSCIOUS MIND will become our servant and our CONSCIOUS MIND becomes master. Then we begin to rule our destiny and establish a condition of MASTERSHIP. The LAW OF ATTRACTION will then be our servant.

Many people, by setting up weak centers in the brain, weaken the entire body and attract numerous diseases; then by a lack of FAITH and Knowledge they resign themselves to their lower natures by thinking that all the bad and evil attracted by their own undeveloped mind is FATE and is caused by GOD who in some mysterious way is inflicting punishment upon them.

It is not GOD that inflicts punishment but it is their own mentality. The realization of the POWER OF ATTRACTION and development of one's own MAGNETIC INFLUENCE is just as important and probably more so than the study of ANATOMY. In fact, IGNORANCE of these POWERS is the cause of much physical and mental suffering in this world.

If you wish to develop Mental POWER OF ATTRACTION, you should follow the following

rule in your meditation. If you would attract LOVE from others you must meditate on LOVING OTHERS.

If you would attract material success you should be glad OF THE SUCCESS OF OTHERS; thus you comply with the UNIVERSAL LAW OF BROTHERLY LOVE, and A-TONE-MENT with GOD.

Where love and consideration of others is, there GOD is also. Remember that if you are selfish you attract selfishness from others.

PART VI

Occult Masonry

We will start this discourse by saying that these are some of the teachings of Masonry that have been hidden for many centuries, and were taught when Masonry was regarded as operative and not speculative. This teaching is a beautiful philosophy, woven around Symbols, whose real meaning is only revealed to the Mystic.

The first symbol is that of the LADDER WITH THE THREE STEPS, representing the evolution of the Universe from a low to a higher form. The first step is materiality; the second, intellectuality; the third, spirituality. The candidate is supposed to learn of the three different planes, which brings about an evenly balanced nature, which is three-fold in expression. When he accomplishes this, then he has solved his first problem of Masonry. He is then evenly balanced. This evenly balanced state forms a being composed of an equilateral triangle. This symbol in Masonry is the Flaming Triangle. The glow symbolizes the soul of man, illuminating a perfectly balanced nature, and is the first indication of the candidate's progress in his first initiation. At this stage he begins to feel divine, and to feel the Universal Architect trying to assist him in his struggle for a greater understanding. This state

of realization is symbolized by the Hebrew letter which the Masons use in the center of the triangle. This is pronounced "YOD," and symbolizes an outstretched hand, unseen to mortal eye, and only seen by those who know the mystery of the EYE that sees in the dark. This eye is in the forehead, and the candidate was supposed to develop it so he could explore the vaulted chambers of the temple. Temple symbolizes the body of man. When he solves this problem, he then is initiated into a higher degree, where he is given the three-fold password, which is—Father, Son and Holy Ghost.

This, like the three planes, forms another symbol of an equilateral triangle, pertaining to man, and thus completes the two interlaced triangles of Ancient Masonry. This is said to be the Six Pointed Star of the East, that appeared to the Wise Men and was over the birthplace of the Master, Christ. This also is the six pointed star in the forehead, and is over the place in our body where the Christ Consciousness is around the Solar Plexus.

Next comes the symbol of the Lion's Paw, handed down from the Egyptian Mysteries. This is a symbol of the Spiritual power in the Master Builder who could raise the candidate to life after he had been given up for dead, by the grip of the Lion's Paw. In this ceremony, and demonstration, the Master Builder wore a robe of blue and gold, which symbolizes Mental Power and God Strength. After this mystery, which was life and death, had been solved, the candidate, then a Master Builder, prepares for work.

He is taught this by the symbol of the Bee Hive, each bee symbolizes a human being. The Flowers are our experience. Solving this mystery the Builder is told the meaning of the Mallet, the Square and the Chisel. They are our thoughts, desires and actions, which are the **TOOLS OF THE CRAFT**. Since his being is the rough Ashler or stone, he must keep on turning until the Ashler becomes a perfect cube, fitted for the Universal temple, not made with hands. When this has been accomplished, the Serpent, "WISDOM," which is the serpentine power in our body, rises to the top of the temple, for the Builder has arisen from the dead—which is his lower nature. He then enters his Ark, which floats high above the Molten Sea of Oblivion, and sends his message through the cable tow, for all men to follow him who are yet in the debris of their fallen temple. Thus, he solved the problems of Masonry, which symbolizes Immortality.

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PART VII

Dawn of Reason Through Wisdom

The world today is searching for TRUTH. Through suffering they have learned the necessity of KNOWLEDGE. This knowledge cannot be obtained from the physical realm, but must be obtained from the Heavens or INVISIBLE WORLD.

Heaven is the Scriptural name for *invisible*. When Jesus said, "The Kingdom of Heaven is at hand," he meant that the Invisible was "handy" to or close at hand to his disciples. Now, let us consider that is the *Invisible*.

The PSYCHIC REALM is the first and lowest of the Invisible World, because it is the ASTRAL COUNTERPART of the physical. It is the part of the Physical that we cannot see with our imperfect FLESH VISION, but is *real* just the same.

This Psychic Power is "handy" or easy for anyone to use who knows of its existence. SUPER MIND SCIENCE has given man a way to contact this, but he must use his REASON. First, there are the *Fundamental Facts of Nature* to understand.

All life is ONE life. There is no life not endowed with some expression of the DIVINE

WILL. Where there is INTELLIGENCE there is MIND POWER and Mind Power is DIVINE POWER, for GOD, or the ALL SEEING FORCE, can only express through the medium of Mental Reason, for all Mental Reasoning is one and the same Reasoning Force—the “AT-ONE-NESS” with the OVER SOUL’S reasoning.

All minds are one MIND, but divided by CONSCIOUSNESS only. Thus, to gain greater Knowledge and Reason, we must become more conscious of the SUPREME KNOWLEDGE and REASON, *by devotion and service to all things*, in which we see this Reason and Knowledge manifest; then through meditation, we become “at one” with all knowledge, which is GOD CONSCIOUSNESS.

All Evil is NEGATION manifested in the flesh; it is not a FORCE, but a reaction of MISUSED LAWS OF THE UNIVERSE. Evil also is the *absence of perfect sanity*, for, if one were perfectly sane, one would never be evil or do evil.

IGNORANCE is the absence of Knowledge, but does not oppose knowledge as a force. When knowledge comes, ignorance is no more.

DISEASE is the absence of Health, but does not oppose health.

All things are developed through CULTIVATION. Lack of Cultivation of Health, Knowledge and Power produces negation, which results in the *opposite* of these qualities. SUPER MIND SCIENCE is endeavoring to cultivate these things so necessary to our enjoyment of life, but you must not be “negative” to the opposites; you must

only be negative to that which you desire, because that is the "*receiving*" state.

PAIN is the absence of Peace, but is not a Force. Nothing opposes you if you apply Reason and Knowledge, but if reason is absent there is Chaos, so beware! Do not permit any Negation to appear in your lives and cultivate that which you do not desire.

All things are moved by a force, the main force being GOD or the All-Seeing Power. So ally yourself to the highest by DEVOTION UNIFIED WITH REASON.

Evil is part of the Negation of the Universe, but will be ground into Nothingness by the Power of Good and Reason. It is not an *Eternal* fact, as it is of this world of Mortal Beings and the Astral World of "sheaths," and so is only TEMPORARY.

DEATH itself is only the absence of Spirit in the flesh, but does not affect the Spirit which is not of the flesh. The moving factor in everyone's success is HONESTY OF PURPOSE, and is the *greatest* of all powers to promote one SPIRITUALLY.

If you obey the laws of your Spiritual Higher Self, this OBEDIENCE will soon make the Higher Laws of Life subservient to your WILL, so that they will do your bidding.

"Blessed is he who is faithful in a few things; I will make him ruler over many." This means: that if you have good intentions and you prove faithful by obeying the Minor Laws of Life, you

will soon become their Master and go on to higher triumphs.

Obey the Laws of the SEVEN CREATIVE SPIRITS OF GOD and they will crown you conqueror of Earth and the Heavens, and will transport you to CELESTIAL HEIGHTS OF MENTAL POWER AND FREEDOM.

Obey Spiritual Vibration, and soon you will discover that it is full of Music, Peace and Harmony. Do not oppose anything because you do not understand, but use Reason, and be *negative* or receptive to knowledge.

Obey the currents of Prana and cultivate their Powers, and you will be given perfect health through your Knowledge of their proper use. Neglect them and you become negative to Ill Health, because you do not oppose this condition.

All crime is committed because the criminal does not oppose crime, but is negative to its influence; this soon drags him down to suffering, imprisonment and shame.

Be negative to LOVE and positive against Hate; be negative to REASON and Reason will make of you a Philosopher.

You cannot serve God and Mammon at the same time. If you would serve God, you must practice Godly Deeds, if the deeds are wanting, you are serving Mammon, for neglect is negation, and therefore opposite to Good or God. There are no weaknesses or excuses in the realm of the "Unseen." All is governed or decided by knowl-

edge and reason.

KNOWLEDGE IS POWER. Ignorance is negation; therefore the opposite of knowledge—hence weakness.

PART VIII

Meditation on the Mastery of The Sub-Conscious Mind

O, Thou all Powerful Mind of the Universe, who sees in secret and rewardeth us openly, whom we call by the name of ALMIGHTY UNIVERSAL MASTER, we meet together today to overpower the enemy of mankind, which is sickness, sorrow, woe and death, by the suppression of the influence of the sub-conscious mind when its tendencies are evil. We realize that all malice, hatred, envy and strife are born in the plane of the sub-conscious. Any one who attains success and contacts Christ will realize that he will have to have complete control of his body and mind. You are supposed to achieve success and have all the world can give you. Super Mind Science will teach you how to attain this. By using positive will and higher intelligence we will have mastery of our lower instincts. In order to attain mastership of our body we must exert will power. While lying our body down to sleep at night, we desire that it repose under the care of the spiritual and have a healthy subconscious mind. We realize that every thought, deed or action becomes a power of reaction in the sub-conscious mind and that, if we

place in the sub-conscious mind wrong desires, thoughts and actions, we will only reap the reward we deserve, and that only suffering, sorrow, sickness and woe can result from wrong thinking and acting. We realize that disease of the inner organs are permitted by the sub-conscious mind because it has not been trained to resist them. We realize that shortage of energy and lack of vital force is permitted in the body because the sub-conscious mind has not been trained. We realize that no person can by rights have a strong sub-conscious mind if we give in to our weaknesses. We must practice self-mastery.

We, therefore, today place our sub-conscious mind under the guidance of the care of the Supreme Ruler of the Universe, doing away with all wrong habits, desires and thoughts, and exchanging them for habits, deeds, thoughts and actions of Brotherly Love, Spiritual Unfoldment and the Higher Relations of Life. We must master our sub-conscious mind by being in a positive state and commanding it like it was a child. We realize that we must reach the highest possible state of all to gain perfection. We realize that we must set up centers in our brain that would refuse any influence of the sub-conscious mind that would tend to bring us in ill repute before our better self. We see every day in our life the manifestation of mental slavery imposed upon others, individuals tied to the ideas of one man or things written in books, as an example of the great hold the sub-conscious mind has upon the people of this day and age. We know that the liberation of the sub-

conscious mind means the dawn of the age of wisdom, as we feel the power of the Universal Vibration through us as we are taught in Super Mind Science. We know that these powers are guided by the Unseen Hand and that we must obey and overpower the sub-conscious mind. As we send currents of positive and negative power into our sub-conscious mind, we feel the beginning of mastership. We must destroy the habits our sub-conscious mind has held us under. We must have high ideals. We feel more freedom and more harmony in the presence of Thy Almighty Love.

This day may we all be helped in our struggle to overcome habits, desires and thoughts that are harmful. We place our sub-conscious mind under the control of our Will. So we will be truly able to say "Thy will be done on earth as it is in Heaven."

Almighty, Universal Master, I am now mentally in Thy presence. My will is strong and powerful. I will this day begin the training of my sub-conscious mind by positive commands to overcome all habits, all thoughts, all desires of the lower animal nature, and will subdue the sub-conscious mind completely to the domination of my Will.

I can at this moment feel my supremacy over the sub-conscious, and I command it to let me be free of all habits, all desires, all power principles that conflict with my higher enfoldment. I command my sub-conscious mind to release its hold on my affairs that cause it to give me suggestions of failure. I command my sub-conscious mind in the name of the Almighty Universal Master to quit

forming delusions. I will that it cognize only the realities of life and I will not accept belief. I will only accept knowledge I have gained through actual demonstrations. By knowledge we grow, because knowledge is action. Action is Life. Inaction is death. Therefore, may we live in actions of purpose, deeds of real accomplishment through the mastery of the sub-conscious mind and the overcoming of the last enemy of man, which is death. We realize that, if we do not attain immortality, it is because of the illusions of the sub-conscious mind mastering our spiritual consciousness. If we let our sub-conscious mind master us we will be lost in the Sea of Oblivion. Even as Christ went in the Wilderness to overcome the lower nature, so we will fast and deny ourselves of the things that will destroy us.

In the presence of the Almighty Universal Master, we solemnly pledge to our higher selves that we will overcome these conditions before they overcome us. As we pronounce Thy unutterable, unspeakable name, may we have power to go from here master of the influences and reactions of the lower nature, and may we have complete mastery over the sub-conscious mind.

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Prayer Meditation

All Seeing Power of the Universe, we have pronounced Thy sacred name, and set up a vibration within our minds to master our sub-conscious

mind and to gain power to raise our lower desires. We have felt the vibrations of Thy unspeakable word that raises man to a real understanding of Thy Being. We have felt the power of mastery of the will. We have caused to be born in our minds a mastery over our lower natures, and we know that Super Mind Science represents the unfoldment of the spiritual. We have felt Thy supreme power in the form of mystic vibrations which sweep us with Bliss. We have heard Thy Voice of the Silence in the hours of deep meditation, and we are drawn closer to Thee. We have seen Thy Glory arrayed in the colors of purple and gold through our All Seeing Sight. We have felt the guidance of Thy Outstretching Hand in our daily affairs.

We petition Thee to give us mastery over all thoughts that destroy our unity with Thee. We now place ourselves in Thy care, knowing that by the power of the word spoken in this Ritual, we will attain the desired mastery of the sub-conscious mind.

We now pronounce Thy unutterable, unspeakable name, desiring Thy perfect light to shine on the pathway of our lives.

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PART IX

Meditation on Human Relations

ALMIGHTY UNIVERSAL MASTER, as we come before you today to discuss the subject of BROTHERLY LOVE, we pray that our minds may be free from all sin and that our mentality be lifted up to a higher conception of the Christ Spirit, to a state of mind known as Christ Consciousness. We know that this state of mind represents the highest ideal of mankind; that is, "TO LOVE THY NEIGHBOR AS THYSELF." "LOVE YE ONE ANOTHER," the Master said. We realize that we are all of the Divine Spirit, like a flame of fire divided into many parts and yet the original flame is undiminished. We realize that as we live our daily lives so shall we reap in the other life that which we sow in our earthly existence. Help us to realize that the first place to serve GOD is in man and the second is in the Invisible. By serving man we learn to think of it as speaking to man words of wisdom, harmony and peace, and to give him power to overcome his lower nature and difficulties, thereby training him to higher ideals, treating him like a real brother. Men are miserable because they spend most of their time thinking of their own desires and ills. If man will learn to see the misery of his fellow-

men, feel the pains of the sick, he would be much better, and would be able to get rid of his own ills. He would be anxious to help his fellowmen. We realize that the more we understand our fellowmen the greater we understand GOD. We realize that the Christ Spirit is manifested in every human being. We are reminded of the words of the Master, of His great teachings of Brotherly Love, when He said, "I was naked and Ye clothed me not; I was hungry and Ye fed me not; I was athirst and Ye gave me not to drink." By this symbol we are taught to see Christ in every person with whom we come in contact. We realize that we have power in us that will elevate our fellowmen and help them to help themselves. We realize that if each one had sufficient knowledge and understanding they would not need the material charity of their brothers, but those who are helpless through lack of understanding, they come under the bondage of their necessities, and it is our duty to instruct our brothers and give them spiritual encouragement, to heal them physically and mentally, and to aid them until they can help themselves.

Teach us to have no criticism, malice or envy in our hearts, that we may be living examples of Christ who died on the Cross of Calvary to show us the way. When we criticise our brothers we know we are criticised by the Almighty. "JUDGE NOT THAT YE BE NOT JUDGED." "BE YE ALSO MERCIFUL, AS YOUR FATHER WHICH IS IN HEAVEN IS MERCIFUL." For each evil thought we send out we know our

progression is lessened. We know the pages of the Lamb's Book of Life represent the Aquasiac Record of each individual. We know that when the Day of Judgment comes it is the deeds done against our fellowmen that make up the dark pages of our record, and it is the helping of our fellowmen that give us light to see our pathway through Eternity; gives us power to help others. The more we put this power in practice, knowing this to be true, binds us closer to Thee and our fellowmen and teaches us to live in harmony.

ALMIGHTY UNIVERSAL MASTER, help us to be lowly in our ideas; not to have vain promptings; to feel ourselves on the level with every human soul created by Thy Divine Power; show us how not to worship material things but teach us to worship Thy Divine Spirit manifested in the life of every thing and every human being on the earth. Bind us closer with the bondage of Brotherly Love, that we may co-operate with each other; thereby attaining great success in this life. Give us power to see that it is not our fellowmen that we should first seek to worship but Thee. Give us a healing consciousness that we may be willing to heal our brother when he is sick. Give us a success vibration that we may be able to help our brother when he needs our help to attain success. Give us the spirit of power that we may perform acts for our brother when he is in need of assistance. Give us the power of guidance that we may advise our brother right, until he, through our aid, is able to think for himself. Help us to feel the responsibility of our brothers and give us

power to aid them. Teach us to live above excuses and above the ideas of "can't" when dealing with problems of our fellow-men. Give us the power to lift them up to Thee. Give us power to aid all the sick and the sorrowing of this world that we may all be at one with Christ, who is Perfection.

As we pronounce Thy unutterable unspeakable name give us a true realization of Thy Power and raise us into a state of continuous Brotherly Love.

A U M

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Prayer Realization

Almighty Universal Master, we have had this day a complete understanding of Brotherly Love and Sacrifice. We know our duty tomorrow is to fulfill the thought placed in our sub-conscious mind today. We go from this ritual with a higher understanding of life, a greater desire to do for others and thereby attain unity with Christ Jesus, as we know only by mastering our thoughts and desires can we attain a state of spiritual consciousness. We ask that Thou be with us through the coming week. Aid us to fulfill our obligations to our fellowmen. Aid us to attain knowledge and wisdom. As we pronounce Thy unutterable unspeakable name give us power to accomplish our desire to help our fellowmen.

A U M

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PART X

Meditation on Spiritual Unfoldment

Almighty Universal Master, we desire to gain knowledge of Thy being, and of the invisible spheres that compose the Universe. We desire to teach our sub-conscious mind of Thy Omni-presence and Wisdom of Thy Infinite Power and Love to lift mankind up, so that he may attain the state of Immortality while he yet lives on the physical plane.

We feel that through Thy agency, which is the White Brotherhood, known as the "Angelic Host," that every poet and writer has received inspiration from them as they have recorded beautiful truths of this universe; that every soul in trouble has been comforted by them. We know that we may perceive these Angelic Hosts by the unfoldment of our spiritual powers, which are:

The All Seeing Eye that Sees in the Dark,

Spiritual Sensations,

Spiritual Inspirations, and

The Voice of the Silence

which speaks through the agency of the sixth sense from direct contact with the soul.

We desire this day to vibrate ourselves, using our meditation and concentration to attain unity with Thee. While vibrating in harmony with the Almighty Universal Mind, our mind and its difficulties are swallowed up in our knowledge of Thy Infinite Presence. The unfoldment of our being, we realize, depends upon ourselves. It is by our daily thoughts, deeds and actions that we gain reward, which leads us to unknown heights in the etherial spheres by the projection of our consciousness with the healing influences that help our unfoldment, thereby gaining spiritual powers.

As we contact Thy presence, being conscious of all the great deeds done by thousands who have had their spiritual powers unfolded, we feel unity with Thee. In the knowledge of the sacrifice of Christ on the Cross of Calvary and the sacrifice He made for His spiritual attainment, may we sacrifice all selfish prejudices, criticisms and things of the lower nature. As we hereby *will* and affirm that we will seek every day to do this, may we be guided by the Voice of the Silence and our intuitive faculties to keep ourselves in tune with the high ideal we set before us this day.

Prayer Meditation

Almighty Universal Master, we relax our body and open our mind to Thy Divine Influence. We are above all set creeds and dogmas for we are fully able to think. Our minds that were in bondage have been set free. We bask in the sunlight of Thy Life. Our mentality, which at one time was limited, now is unlimited for we know that

Thy power is within us. Help us that we may reach up higher and higher as we attain heights of unfoldment to know Thy being more and more each day. Help us that we may overpower every enemy of our progression, which is the illusions of the physical plane. Help us to control our bodies so they will not overcome us. Help us to attain illumination, that we may have the light of the ages which has guided man to his higher destiny. Help us to feel the rising of the power of Ancient Wisdom, to see the six pointed star over our continent in the Invisible Realm, as a signal of the priceless wisdom of the ages returning to man.

As we close our eyes and concentrate our minds at this time on the All Seeing Eye center, we wish to visualize the glories and attainments of the adepts of all ages who have overcome and triumphed over sorrow, sickness and woe in the knowledge of Thy supreme power.

We now relax our bodies and place our lives in Thy loving care for the rest of our earthly existence.

As we sound Thy unutterable, unspeakable name, we pray that we may be received as a Master of the White Horde of Souls with a pure conscience and be acknowledged as a Son of the Divine in whom the Divine is well pleased.

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Realization

Almighty Universal Master, we realize that we have placed thoughts in our sub-conscious mind this day of our unity with Thee, which is an ever-guiding influence that will draw us closer to our goal of unfoldment. Help us to realize that, as we give up material things, we gain our spiritual unfoldment. As we have received from the physical realm, so help us now to receive from the spiritual realm. Glory and Power be Thine.

A U M

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PART XI

Meditation on Health

ALMIGHTY UNIVERSAL MASTER, we assemble to feel Thy Powers in restoring our health, as we realize that our violations of the laws of Nature have caused the energies and powers of the Universe not to circulate through the passage ways of our bodies. Let Thy will be felt by all present. Let Thy power manifest in the form of electrical healing fluid. As we reach the super conscious state of mind, we realize unity with Thee.

(Grip hands and be in a positive state.)

As we grip our hands, may our will be Thy will on earth, and our force unite with Thy force. Heal every portion of our body. Energize every portion of our brain. We realize that by a positive will and a strong determination nothing can overpower us.

I *will* every disease from my body. My mind will dispel every disease and pain. My body will be well.

I am powerful as a Son of God, but weak as a son of man. My flesh is weak, but my spirit is strong. My will and my spirit are one. No disease or pain can remain in the presence of my will and the Power of the Almighty Universal Master.

Health Prayer

O, Thou Great Cause of All Things, I visualize Thee as pure fire, pure life and Infinite Invisible Will. I see all life as a flame which came from the original fire, which is Thee. O, Thou Life Everlasting, I know that we are now relieved of all pain by the power of Thy will. We thank Thee in silence and reverence Thee for the good we have received from Thy power. We ask Thy Supreme Guidance for the attainment of perfect health, that we may enjoy our life on this mundane sphere. All this we ask as we pronounce Thy unutterable, unspeakable name.

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(Grip hands and be in a positive state.)

PART XII

Meditation on Jesus the Christ

ALMIGHTY UNIVERSAL MASTER, we approach a most sacred subject, that being the incarnation of the Christ Spirit in the body of the one we know as JESUS of Nazareth. We ask first that we may have implanted in our minds a mental picture of this great Master; that in that mental picture we may see the six pointed star, the interlaced triangles of the ages, appearing in the elements to the Wise Men, who were three mystics from India. We see this star mentally as it is recognized by them as an emblem of the White Brotherhood in whose mysteries they had been instructed in the Holy Temple of Benares.

Next, our mind follows them to the manger where lay the Christ Child. We see them falling upon their knees, worshipping this Christ Child because they realize that He was coming to earth by the will of the Supreme Being governing the Universe, to prove the contention and doctrine of all master mystics of the ages; namely, that by the unfoldment of the soul powers and the development of a clean and pure mind, we are able to live a life of mastery, having control of the

elements, having power to walk on the water, to raise the dead and to do all things by that supreme power, which Jesus called "Him who sent me," and to prove that we have a physical body and a spiritual body, and that even though the physical body be dead the spiritual body can arise in power and can appear unto disciples or people who are informed in those deeper laws of life behind barred doors and locked windows. May we realize also that He would prove that man's duty is first to God and then to man, and that as He was recognized by them as a great Master Mystic they must ever afterwards keep their eye open to the progress and events in the life of this Child.

We realize, as being students of the mystic philosophies, that Joseph was an astral traveller, and that it was on the astral plane that the angel conducted Joseph and guided him to Egypt to prevent the slaying of this Child by Herod, who represented the materialistic, creedalistic minded people of every age who seek to kill that which they cannot understand. Joseph was guided by unseen forces of the Brotherhood as he journeyed into Egypt with the Master Jesus, as an infant with his mother, Mary. Upon arriving in Egypt, they journeyed to a large tree, which was by the roadside near Luxor. Upon approaching the tree there was a voice spoke from the tree and foretold the entire life of Jesus the Christ. Of this conversation we have no account in our Bible, or what voice it was that spoke, yet it is recorded in the Aquasiac Record of the Universe, known to all Master Mystics. This voice has ever since

spoken from the same tree to all mystics who have rested under its shade, and told them of life and its problems and their connection with the Christ Spirit of the Master who once rested under this tree. After this prophecy, which had been spoken by the Logis or voice of the Lord, as it was called in those days, the Master Jesus with his parents journeyed to the Sphynx an ancient temple of wisdom, and there the angels appeared again to minister unto the Christ Child, as they have appeared in many hundreds of centuries past to other masters of the Christ Spirit who have been born on earth.

Joseph, the physical father of Jesus, or the representative father, was instructed in the deep mysteries of the meaning of the Sphynx, and was told to teach the Child Jesus to be a builder, which means "MASON," or one who builds by the power of character and spirit.

After the Master learned the carpenter trade and became a physical builder he had reached about the age of twelve years.

One day he was found with the Doctors of Egypt in the temples discussing the deep philosophies of life. This temple is now in ruins and is about five miles north of Luxor, Egypt. History states that it was a temple where Divine healers met to heal the sick and where mystics met who knew the arts of astral travelling, such as Joseph was accustomed to having as the physical caretaker of the Child Jesus.

After leaving Egypt, at about the age of fourteen years, in the company of a great mystic, the

Master Jesus went into the mountains of Tibet, where he studied the deep philosophies of the Far East and the Buddhistic conception, as taught by the teachers in the monasteries. Jesus left the monasteries and went into the Himalaya Mountains, where, in the Temple of Silence, he was instructed to perfect his body for its great trial and test to prove that the Christ Spirit dwelt in him.

From there he went to Palestine, where we have an account of his life in our New Testament of today.

He had the mental force of the masters back of him. He was told that his lower nature would seek to get the best of Him, but to fast forty days and overcome its evil tendencies. This He did, and finally mastered His flesh. He gave His life upon the Cross to prove to skeptics that, though the body dies, the real man still liveth. Yet many people today will not accept the truth which He died to prove. That is all joined together in the instruction to the sub-conscious mind on the purpose of the life of Christ.

A U M

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Prayer Meditation

Almighty Universal Master we have put forth today an effort to understand the mission of Jesus the Christ. Our minds have been instructed and we go forth wiser from this service. May this

wisdom teaching ever be a guidance to each one here to attain the heights in bliss and understanding, which only come with the knowledge of safe security and powers of Christ which are assured us. We ask that we be guided by that Angelic Host forever.

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PART XIII

Prayer of Spiritual Illumination

O, Thou Infinite Power, whom we call ALMIGHTY UNIVERSAL MASTER, we bow our heads in reverence to Thy Supreme Power.

Invoke blessings of health, happiness and prosperity upon us, that we may grow in tune with Thy Infinite Presence.

Almighty Universal Master, exalt our minds into the super consciousness that we may perceive Thy being.

Cleanse our bodies of disease; harmonize our lives with Thy bliss and knowledge.

Teach us, O Invisible Spirit, to use our positive will against enemies of our own progression, which are hate, malice, envy and seditious utterances. Teach us to halt evil words that come into our mind and reject them by the power of our will.

Aid us, by supreme power, to control our bodies and our lower nature, that we may know of Thy Divine Presence in all things.

O, Thou Divine Father, we pray that Thou wilt accept us as Thy sacrifice to the mundane sphere—endowed with the illumination of the Over Soul of Thy Being; endowed with the intelligence of Thy Universal Mind.

Give us power over every weakness of the mind, body and spirit. Give us a natural body and a spiritual body. We thank Thee that we know by the suppression of the lower body, the earth body, that we may liberate our inner or spiritual body.

Invoke Thy blessings on our thirsty souls, seeking the pure waters of Eternal Life. May SUPER MIND SCIENCE bring to this world the work of the Master, which is to heal the sick, help those in need of spiritual power and advice, and lift the burden of sin from the shoulders of all who are willing to listen to our doctrines of Universal Brotherly Love.

We will that we become imbued with the spirit of study and studentship, that we may learn mind control and spiritual laws for greater illumination as Sons of the Almighty.

Illumine us with Thy presence as we sound Thy unspeakable name.

A U M

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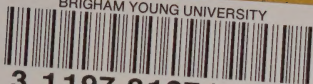
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